

Grade 6 Worksheet:

Recognizing and Dealing with Different Forms of Abuse

Read the following scenarios and answer the questions based on each situation. Think about how you can help someone experiencing abuse and how to seek help if you or someone you know is in a similar situation.

Scenario 1

Sarah's classmate constantly insults her, calls her names, and humiliates her in front of others.

a. What form of abuse is Sarah experiencing?

b. How can Sarah deal with this situation? What steps can she take to address the abuse?

Scenario 2

Mark's older sibling hits him when they argue, leaving bruises and scratches.

a. What form of abuse is Mark experiencing?

b. What should Mark do to protect himself and seek help?

Scenario 3

Jasmine is receiving hurtful messages and rumors about her online from classmates, affecting her self-esteem and confidence.

a. What form of abuse is Jasmine experiencing?

b. How can Jasmine deal with this and protect her well-being online?

Scenario 4

Tom's parent constantly belittles him, manipulates his feelings, and threatens to withhold love and affection as a form of control.

a. What form of abuse is Tom experiencing?

b. How can Tom cope with this abuse, and who can he talk to for support?

Reflective Questions

a. Why is it essential to recognize different forms of abuse and seek help?

b. What can you do to support someone who is experiencing abuse?

c. If you or someone you know is experiencing abuse, who can you contact for help?
