

Grade 5 Worksheet:

Personal Success and **Developing an Action Plan** for Continued Self-Concept Formation

Answer the following questions and complete the activities below. Think deeply about your goals, strengths, and areas for improvement. Be honest with yourself and remember that personal success is a journey that requires effort and determination.

Section 1: Personal Success

a. What does 'personal success' mean to you?

b. List three goals you want to achieve in the next year. They could be related to school, hobbies, sports, or personal development.

c. Explain how your positive attitude and hard work can contribute to your personal success.

Section 2: Developing An Action Plan

a. What is an 'action plan,' and why is it important in achieving your goals?

b. Select one of the goals you listed earlier. Develop a simple action plan with specific steps to achieve that goal.

c. How will you measure your progress toward your goal? What will be your indicators of success?

d. Explain how being organized and managing your time effectively can help you accomplish your goals.

Section 3: Self-Concept Formation

a. What is 'self-concept,' and why is it important for your personal development?

b. List three things you like about yourself (your strengths) and three things you want to improve (areas for growth).

Section 4: Reflection

a. What did you learn about personal success and self-concept formation from this worksheet?

b. How will you apply what you've learned to improve yourself and work towards your goals?
